

NO	NAME	SURNAME	SEX	CAT	CLUB	SWIM	rank	BIKE	rank	RUN	rank	TOTAL	pos	cat pos
89	matt	newman	M	O	BADtri/MOTI/2XU/Giant	00:11:53	1	01:35:59	1	00:41:18	1	02:29:10	1	1
74	Gethin	Parham	M	O	Tredegar Tri	00:13:07	4	01:50:28	7	00:48:13	3	02:51:48	2	2
88	Michael	Bool	M	O	Cardiff Triathlon Club	00:12:25	2	01:49:28	3	00:50:20	5	02:52:13	3	3
73	James	Nunn	M	O	Cardiff Triathlon Club	00:15:16	12	01:50:26	6	00:47:00	2	02:52:42	4	4
71	Brian	Palmer	M	SV	Celtic Tri	00:16:27	30	01:49:33	4	00:49:46	4	02:55:46	5	1
63	Andrew	Edwards	M	O	Celtic Tri	00:14:57	11	01:50:21	5	00:51:52	7	02:57:10	6	5
81	anthony	fidow	M	SV	gwent tri	00:16:44	35	01:50:49	10	00:50:33	6	02:58:06	7	2
83	Miles	Brown	M	V	Cardiff Triathletes	00:13:44	5	01:50:30	8	00:54:37	15	02:58:51	8	1
90	Richard	Wilder	M	O	Les Croupiers Triathletes	00:13:02	3	01:36:32	2	01:10:41	61	03:00:15	9	6
66	Bethan	Fowler	F	O	NEWT	00:14:10	6	01:54:36	13	00:52:00	8	03:00:46	10	1
79	John	Peddar- Roberts	M	V	Gwent Triathlon Club	00:16:03	24	01:51:52	12	00:52:52	9	03:00:47	11	2
86	Andy	Pearce	M	V	Cardiff Triathletes	00:16:37	32	01:51:01	11	00:54:00	14	03:01:38	12	3
67	Adam	Coates	M	O	Unattached	00:14:39	10	01:50:47	9	01:01:27	34	03:06:53	13	7
82	james	manson	M	O	Cardiff Triathletes	00:14:26	8	01:58:13	16	00:55:22	18	03:08:01	14	8
80	Edward	Morgan	M	SV	Taff Ely Triathlon Club	00:15:50	20	02:00:08	19	00:53:19	11	03:09:17	15	3
65	Mark	English	M	V	Caldicot	00:15:27	14	02:02:13	21	00:52:54	10	03:10:34	16	4
60	Dominic	Ryland	M	V	Cardiff Triathletes	00:16:21	28	01:59:31	17	00:55:17	16	03:11:09	17	5
5	roger	mills	M	O	NEWT	00:19:16	53	02:02:08	20	00:53:27	12	03:14:51	18	9
70	Jeff	Saycell	M	V	Ystwyth CC	00:14:23	7	02:07:11	34	00:53:34	13	03:15:08	19	6
72	wayne	cooper	M	V	Unattached	00:16:08	25	01:55:15	14	01:04:02	41	03:15:25	20	7
26	Euros	Jones	M	V	Ystwyth CC	00:15:16	13	02:06:11	32	00:56:49	20	03:18:16	21	8
57	Paul	Belcher	M	VV	Unattached	00:16:38	33	02:03:46	26	00:58:59	24	03:19:23	22	1
40	Craig	Williams	M	O	Griffithstown Harriers	00:15:49	17	01:57:38	15	01:06:14	49	03:19:41	23	10
76	Aled	Williams	M	SV	Celtic Tri	00:16:30	31	02:03:30	25	00:59:43	27	03:19:43	24	4
56	Alex	Ilyat	M	O	Pembrokeshire Triathlon Club	00:15:50	18	02:04:09	28	01:00:00	28	03:19:59	25	11
85	sean	lambert	M	V	south wales fire	00:17:16	40	01:59:51	18	01:03:00	39	03:20:07	26	9
23	Richard	Pinchin	M	O	BAD Tri	00:16:03	23	02:03:17	24	01:00:56	32	03:20:16	27	12
54	Dave	Bright	M	V	Corus Multisport	00:16:53	37	02:02:16	22	01:02:17	37	03:21:26	28	10
41	Paul	Arnold	M	V	Celtic Tri	00:16:55	38	02:05:26	30	01:01:45	35	03:24:06	29	11
64	Rob	Summers	M	V	Chepstow Harriers	00:15:50	19	02:06:10	31	01:02:47	38	03:24:47	30	12
27	Jonathan	Morris	M	O	Unattached	00:19:13	52	02:09:28	40	00:56:44	19	03:25:25	31	13
69	Andrew	Maclaen	M	V	Cardiff Triathlon Club	00:14:37	9	02:11:57	46	00:59:00	25	03:25:34	32	13

NO	NAME	SURNAME	SEX	CAT	CLUB	SWIM	rank	BIKE	rank	RUN	rank	TOTAL	pos	cat pos
24	Jayne	Arnold	F	O	Celtic Tri	00:16:43	34	02:10:27	43	00:58:29	23	03:25:39	33	2
15	Byron	Davies	M	O	Unattached	00:17:33	43	02:07:57	37	01:00:16	30	03:25:46	34	14
29	Mark	Sims	M	SV	Brecon Multisport	00:19:29	59	02:08:51	39	00:58:24	22	03:26:44	35	5
6	Matthew	Crowley	M	O	Unattached	00:18:31	48	02:03:10	23	01:05:27	45	03:27:08	36	15
9	Richard	Lewis	M	O	Celtic Tri	00:18:03	45	02:04:36	29	01:04:51	44	03:27:30	37	16
30	Lou	Summers	F	V	Chepstow Harriers	00:21:11	65	02:11:34	45	00:55:21	17	03:28:06	38	1
47	Mike	Griffiths	M	O	Team Deviant	00:17:24	41	02:12:01	47	00:59:01	26	03:28:26	39	17
52	Esther	Barrett	F	O	Chepstow Harriers	00:19:47	60	02:07:46	35	01:00:55	31	03:28:28	40	3
11	Rachel Jane	Snook	F	O	Cardiff Triathletes	00:15:38	16	02:06:42	33	01:08:10	55	03:30:30	41	4
35	Robert	Woolacott	M	O	Unattached	00:20:23	61	02:10:33	44	01:00:08	29	03:31:04	42	18
20	James	Davies	M	V	Celtic Tri	00:16:26	29	02:07:54	36	01:07:09	51	03:31:29	43	14
34	stuart	llewellyn	M	SV	NEWT	00:18:18	47	02:03:59	27	01:10:20	60	03:32:37	44	6
59	Adrian	Pearce	M	V	Unattached	00:18:17	46	02:09:53	42	01:06:40	50	03:34:50	45	15
22	Troy	Elliott	M	O	TriTalk.co.uk	00:17:10	39	02:09:53	41	01:07:55	54	03:34:58	46	19
39	Glyn	Williams	M	VV	Celtic Tri	00:16:46	36	02:13:53	50	01:05:27	46	03:36:06	47	2
61	Mark	Prout	M	V	RAF Triathlon	00:16:10	26	02:14:08	51	01:05:58	47	03:36:16	48	16
8	jonathan	davies	M	O	NEWT	00:15:57	21	02:19:55	55	01:02:08	36	03:38:00	49	20
46	Ian	Spilsbury	M	V	Unattached	00:19:28	58	02:21:51	58	00:58:20	21	03:39:39	50	17
2	Damian	Evans	M	O	Unattached	00:18:57	51	02:16:52	53	01:04:03	42	03:39:52	51	21
55	trish	Chalk	F	O	Monmouth Tri Club	00:16:12	27	02:14:21	52	01:09:28	58	03:40:01	52	5
17	Yvonne	Brindley	F	V	NEWT	00:19:16	54	02:12:05	48	01:10:18	59	03:41:39	53	2
14	Pamela	Suter	F	O	Abergavenny Striders	00:19:16	55	02:20:34	56	01:04:17	43	03:44:07	54	6
7	Julian	Sanders	M	O	Unattached	00:17:52	44	02:26:10	61	01:01:01	33	03:45:03	55	22
62	Maria	Prout	F	V	RAF Triathlon	00:15:32	15	02:32:54	68	01:03:10	40	03:51:36	56	3
33	rich	evans	M	SV	Unattached	00:23:06	70	02:17:06	54	01:13:14	65	03:53:26	57	7
32	Stuart	Stenhouse	M	O	Unattached	00:19:17	56	02:23:34	59	01:11:43	63	03:54:34	58	23
1	Andrew	Thompson	M	V	Leeds And Bradford Tri Club	00:21:57	66	02:26:11	62	01:07:27	53	03:55:35	59	18
10	Ros	Edmonds	F	SV	Taff Ely Triathlon Club	00:21:08	64	02:30:31	67	01:07:10	52	03:58:49	60	1
4	paul	griffin	M	O	Unattached	00:23:41	72	02:26:06	60	01:09:23	57	03:59:10	61	24
13	Jan	Lloyd	F	V	Unattached	00:18:45	50	02:28:38	64	01:12:29	64	03:59:52	62	4
21	Marc	Yeoman	M	O	Unattached	00:17:27	42	02:35:56	69	01:09:05	56	04:02:28	63	25
3	chris	sanders	M	O	Unattached	00:18:38	49	02:21:50	57	01:22:58	69	04:03:26	64	26

NO	NAME	SURNAME	SEX	CAT	CLUB	SWIM	rank	BIKE	rank	RUN	rank	TOTAL	pos	cat pos
31	Chris	Baker	M	O	Unattached	00:22:25	68	02:30:24	66	01:10:58	62	04:03:47	65	27
36	Elizabeth	Hufton	F	O	Unattached	00:22:32	69	02:27:10	63	01:17:45	66	04:07:27	66	7
38	Gareth	Buffet	M	VV	Blaenafon Tri	00:20:24	62	02:28:46	65	01:20:03	67	04:09:13	67	3
12	philippa	crocker	F	V	Kingswood Triathlon Club	00:21:59	67	02:41:09	70	01:20:37	68	04:23:45	68	5
25	Philip	Hawkins	M	V	Unattached	00:23:09	71	03:02:48	71	01:06:04	48	04:32:01	69	19
44	Allan	Pickles	M	O	Unattached	00:16:02	22	02:08:42	38			dnf	70	
53	Rhydian	Evans	M	O	Tri-Talk.co.uk	00:20:36	63	02:12:38	49			dnf	71	
51	Leighton	williams	M	O	Celtic Tri	00:19:22	57					dnf	72	
49	Anita	Tucknutt	F	O	Unattached							dns		
16	Hywel	John	M	O	Unattached							dns		
19	Gair	McAdie	M	O	Unattached							dns		
37	Matt	Morgan	M	O	Unattached							dns		
45	Brian	Mogford	M	SV	Ciwb Triathlon Llanelli							dns		
18	Vaughn	Williams	M	SV	Unattached							dns		
77	Paddy	Goodall	M	V	Unattached							dns		
78	Paul	Hughes	M	V	NEWT							dns		
50	Jason	Tucknutt	M	V	Unattached							dns		
87	Dave	White	M	V	Climb on Bikes R.T.							dns		
42	Alex	Williams	M	V	Team Pie							dns		